



Safety Tips - Saving Lives

- Know the weather forecast. If severe weather is approaching, be prepared for it.
- Prepare an emergency kit.
- Evacuate if you are urged to do so. Your possessions can be replaced, but you can't.
- During strong winds, stay inside and away from windows.
- Never attempt to drive a vehicle through a flooded area.
- If you see downed power lines, do not approach them, even if they look dead. Treat all power lines as live.



Safety Tips - Saving Property

- If strong winds are expected, secure loose objects that might become missile hazards.
- Park your vehicle in a garage or away from tall trees that may fall or lose large branches.
- During a thunderstorm, unplug electronic equipment such as computers, televisions, stereo systems, and microwaves.
- Repair or patch damaged shingles and siding as soon as possible to prevent additional water damage.
- Make a list of your valuables and keep insurance numbers handy.
- Purchase a generator and know how to use it. Use it to power your refrigerator and other critical equipment.

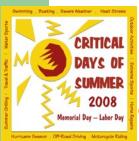


Best Practices



The 30/30 Rule

- If you see lightning flash and hear the thunder within 30 seconds, seek shelter.
- Stay inside until 30 minutes after you have heard the last thunder roll.



Critical Days of Summer 2008
Naval Safety Center

Prepare an Emergency Kit

Items to include in your emergency kit:

- Non-perishable food and utensils
- Bottled water and water purification tablets
- Toiletries
- Portable radio with extra batteries.
- Flashlight, candles and matches.
- Complete first aid kit
- Blankets, towels, and a change of clothing.
- Contact numbers



Scenario

 You are in your car driving from work to home. Radio reports indicate a tornado warning in your area. The sky grows dark, and you notice the clouds look odd. You already feel uncomfortable, then suddenly it starts to hail. You don't see a funnel cloud. What do you do?



Myth Busters

- Myth: If a severe hurricane hits, I will evacuate my family and stay behind so I can save my property if things start to come apart.
- Reality: I wonder how many people died shortly after saying that very same thing. The fact is, if your house comes apart during a hurricane, there will be nothing standing between you and the wrath of mother nature. You won't be able to go out and fix anything during the storm anyways, so if you're urged to evacuate, do it and don't look back!



Work, Play, Live ... Safely!

